

Management

OA is a chronic disease and, other than joint replacement surgery, there is presently no cure. However, available treatments can reduce pain, improve function, and, in certain cases, delay disease progression.^{1,2}



Weight Loss



Exercise



Medication



Surgery

Other treatments may include anti-inflammatory drugs (NSAIDs) and medications that can help treat pain and swelling.¹

*Sinovial HL and Sinogel may be suitable for you as part of your OA management.
Please speak to your healthcare professional to discuss your options.*

SINOVIAL® HL **SINOGEL®**

Sinovial HL 32

Sinovial HL 64

Sinogel

Hands Wrists Ankles Feet

Knees Shoulders

Knees Hips

IBSA

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Operating in over 90 COUNTRIES on 5 continents

90 exclusive patents AND SEVERAL OTHERS IN THE PIPELINE

Your partner in musculoskeletal health...

Our osteoarticular portfolio includes a wide range of intra-articular devices, including the newest hybrid cooperative complexes of hyaluronic acid obtained through a patented thermal process that mimics viscoelastic properties that are within the range of healthy synovial fluid, increasing the mobility and reducing the pain.¹



For more information please speak to your Healthcare Professional or visit www.sinovial.co.uk

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IBSA
Caring Innovation

SINOVIAL® HL
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Osteoarthritis

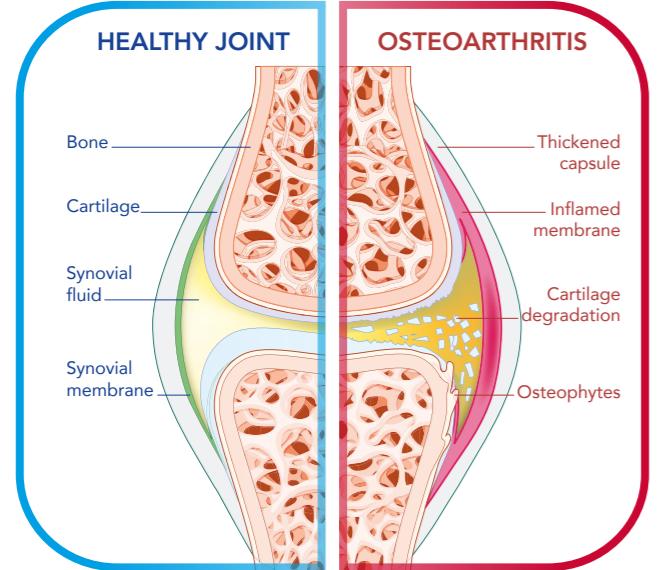
Move freely - Live fully™

The information provided in this leaflet is intended to supplement, not replace the advice and treatment from your healthcare provider. It is designed to assist in understanding your medication and health condition but does not substitute for professional medical advice, diagnosis or treatment.

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Osteoarthritis

Osteoarthritis (OA) is caused by damage or breakdown of joint cartilage between bones.¹



Risk factors

Increasing the likelihood of developing OA^{2,3}



Getting older



Gender:
being female



Past joint injury
or trauma



Family history



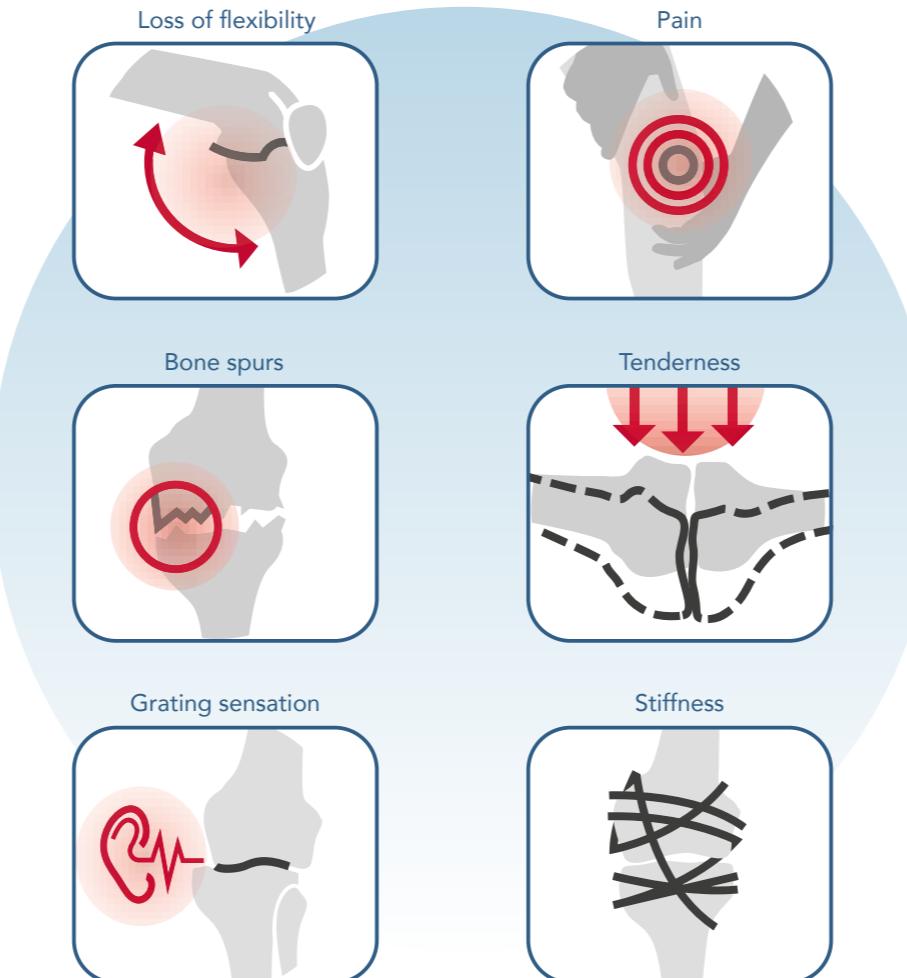
Overweight
or obese



Metabolic diseases,
e.g. diabetes

Common Symptoms

Symptoms can vary from day to day, from person to person and according to the grade of OA. They often develop slowly and worsen over time.^{2,3}



SOURCES

1. CDC. Osteoarthritis - www.cdc.gov/arthritis/basics/osteoarthritis.htm (Accessed 03/2023) - 2. OARSI. Patients. Understanding Your Osteoarthritis - oarsi.org/education/patients (Accessed 03/2023) - 3. Mayo Clinic. Osteoarthritis - www.mayoclinic.org/diseases-conditions/osteoarthritis/symptoms-causes/syc-20351925 (Accessed 03/2023) - 4. Allen KD, et al. Epidemiology of osteoarthritis. *Osteoarthritis Cartilage* 2022; 30(2):184-195

Individuals with symptomatic OA worldwide⁴



18%
women

10%
men

% of individuals aged ≥60 years with OA⁴

OA can develop in any number of joints, but most commonly affects the knees, hands, and hips.^{2,3}

